

## WORDS

- **available** = you get or buy it
- **beyond** = further
- **bicarbonate of soda** = a chemical substance used in baking and sometimes taken with water as medicine
- **bill** = a written list that shows how much you have to pay for something
- **car sharing** = if two or more people use the same car to get to work or go places
- **carbon footprint** = the effects that your activity has on the environment and the amount of carbon dioxide that you produce
- **community** = neighbourhood
- **contain** = to have in them
- **contribution** = something that you give or do that makes something successful
- **cut** = lower
- **cut down** = reduce, make lower
- **destination** = a place that someone or something is going to
- **eco-friendly** = friendly to the environment
- **energy efficient** = things that save energy
- **environment** = the world around us
- **huge** = very big
- **in season** = cheap and easy to get because it is the time of year when they grow
- **obvious** = clear
- **organic** = something that is grown naturally, without chemicals
- **persuade** = to try to make someone do something that you think is right
- **petrol-swallowing** = cars that need a lot of petrol
- **reduce** = lower
- **shower gel** = a kind of liquid soap that you use when you wash yourself in a shower
- **solution** = answer
- **sparkling** = shining
- **support** = help
- **vinegar** = a liquid that tastes sour and is made from wine; you put it on salad and other food
- **waste** = to spend in a way that is not necessary

From buying local to saving water, here are a few ways to make our world greener.

### *Persuade your boss to take action*

When you're at home, you probably already turn off the lights when you leave the room. But what about at work? Companies have **huge bills**, and waste resources, by leaving lights on. Lighting makes up about 40 per cent of a company's electricity **bills** and leaving the office lights on overnight **wastes** enough energy to make 1,000 cups of tea. Turning off the lights when rooms aren't in use, cleaning windows to make the most of daylight and investing in **energy efficient** lighting are all easy ways to make a difference.

### *Take the family on an eco-friendly holiday*

Spend your holidays closer to home. Not having to fly or drive is the simplest way to **cut down** your **contribution** to global warming. Train travel is one of the most **environmentally friendly** ways to get around, and links to **destinations** in Europe and **beyond** are getting better all the time.



### *Buy local, organic, seasonal products*

Don't buy food that comes from faraway places. Stop buying strawberries in winter and start buying fruit that is **in season**. Buy **organic** food from local farmers and shop in local shops. This will help **support** your **community**

### *Switch to green cleaning products*

Household cleaning products **contain** a huge selection of chemicals that can be dangerous to us and the **environment**. But it's relatively easy to find alternatives. Everyday items such as **vinegar** and **bicarbonate of soda** can keep your home **sparkling**. But if you don't want to mix up your own **shower gel**, there are a lot of **eco-friendly** products **available** in the shops.

### *Give up your car*

We all know that **petrol-swallowing** cars are one of the biggest **contributors** to global warming, so giving up your car is an **obvious** way to cut your **carbon footprint**. If that seems too much to put up with, try **reducing** car journeys. If all those who drive to work used alternative transport just once a week, it would **cut** CO<sub>2</sub> emissions by more than 10 per cent. Cycling to the shops or walking to school will save on emissions and get you fitter. **Car sharing** is another **solution**.



**WORDS**

- **amount** = quantity
- **annually** = ever year
- **billion** = a thousand million
- **biodegradable** = materials that are changed naturally by bacteria ; they do not damage the environment
- **bury** = to put under the ground
- **charge** = to make someone pay
- **cistern** = a container with water in it that is in every building
- **contribute** = add to
- **cut down** = reduce
- **decompose** = rot; to break down into the smallest parts
- **flush** = the act of cleaning a toilet by letting water through it
- **huge** = very large
- **including** = together with
- **landfill sites** = places where waste is buried under the ground
- **large-scale** = very big; with a lot of shop assistants and products
- **launch** = start
- **mug** = a tall cup used for drinking coffee or tea
- **packaging** = to put something into a package or paper so that you can sell it
- **pollute** = to make dirty
- **resource** = raw material
- **several** = many
- **swap** = exchange; to give something to someone and get something else in return
- **tough** = hard
- **valuable** = very important
- **waste** = things that you do not need any more and throw away or to spend in a way that is not necessary
- **water saver** = an instruments that reduces the amount of water that comes out of the pipe

*Reduce, reuse, recycle*

Every household in Britain produces more than a ton of **waste annually**, almost 80 per cent of which is **buried in landfill sites**, polluting ground water and producing gases that **contribute** to global warming. You may already recycle the waste you produce, but what about not producing it in the first place? Little steps like only buying products with minimal **packaging** and using a **mug** for tea at work instead of plastic cups can make a big difference. Don't throw things away – fix and reuse them as much as possible, or give them to someone who needs them.



*Exchange clothes*

One of the big trends to come out of the green revolution is "swishing" – otherwise known as clothes **swapping**. Rather than add to the 900,000 tons of shoes and clothes that are thrown away in the UK each year, people are getting together with friends to **swap** the things they never wear to the items they've always wanted. Earlier this year the country's first **large-scale** swap shop, Visa Swap, was **launched**, giving shoppers the chance to **swap** their unwanted clothes for points that they can spend in the store.



*Say no to plastic bags*

You might only use a plastic bag for five minutes, but it may take about 500 years to **decompose**. Yet **billions** of plastic bags are thrown away every year, ending up in **landfill** or **polluting** roads, parks and gardens, and playing a **major** role in global warming. **Several** stores are now taking a **tougher line** by **charging** per bag or making them from **biodegradable** materials .

*Save water*

Water is a **valuable resource**, yet we **waste huge amounts** of it every day. There are ways of **cutting down** though, **including** taking showers – which use only 40 per cent of the hot water needed for a bath – and putting a **water saver** that can save up to three litres of water per **flush** in your toilet **cistern**.



**1. Answer the questions**

How can you save energy at work? \_\_\_\_\_

\_\_\_\_\_

Which ways of eco-friendly travel are there? \_\_\_\_\_

\_\_\_\_\_

What kind of fruit and vegetables should you buy to help our environment? \_\_\_\_\_

\_\_\_\_\_

What is organic food? \_\_\_\_\_

\_\_\_\_\_

What kind of products should you use for cleaning at home? \_\_\_\_\_

\_\_\_\_\_

What does car sharing mean? \_\_\_\_\_

\_\_\_\_\_

What are the problems of leaving waste at landfills? \_\_\_\_\_

\_\_\_\_\_

What is swishing? \_\_\_\_\_

\_\_\_\_\_

How long does it take for a plastic bag to decompose? \_\_\_\_\_

How can you save water? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**2. Explain in English**

carbon footprint \_\_\_\_\_

\_\_\_\_\_

energy efficient \_\_\_\_\_

\_\_\_\_\_

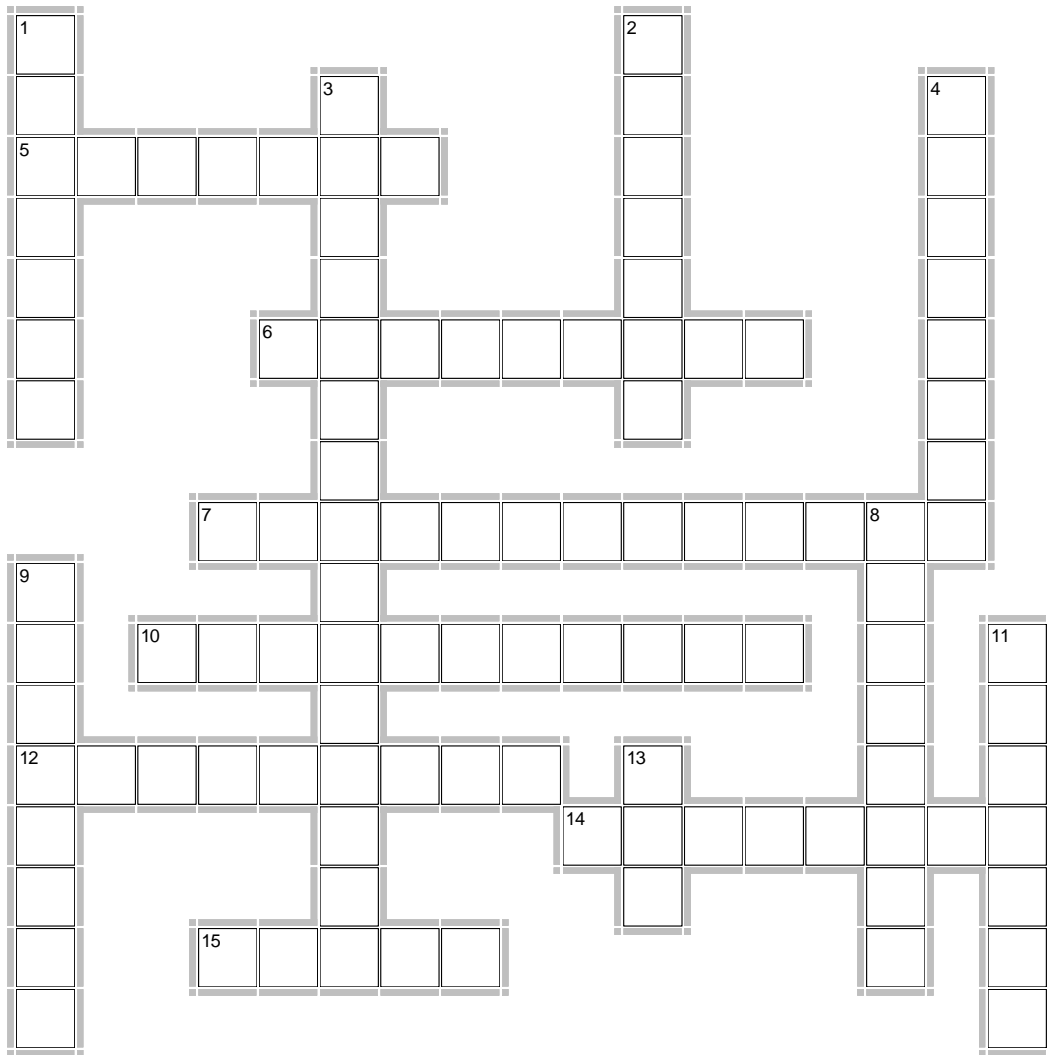
decompose \_\_\_\_\_

\_\_\_\_\_

3. Match the words with the definitions

<b>A</b>	<b>swap</b>		every year
<b>B</b>	<b>flush</b>		very big
<b>C</b>	<b>annually</b>		a tall cup used for drinking coffee or tea
<b>D</b>	<b>pollute</b>		place where waste is buried under the ground
<b>E</b>	<b>cistern</b>		to give something to someone and get something else in return
<b>F</b>	<b>waste</b>		help
<b>G</b>	<b>mug</b>		a place that someone or something is going to
<b>H</b>	<b>bury</b>		the world around us
<b>I</b>	<b>landfill</b>		cleaning a toilet by letting water pass through it
<b>J</b>	<b>persuade</b>		something that you give or do that makes something else successful
<b>K</b>	<b>environment</b>		to spend in a way that is not necessary
<b>L</b>	<b>destination</b>		a container with water in it, which is in every building
<b>M</b>	<b>bill</b>		cheap and easy to get because it is the time of the year when something grows
<b>N</b>	<b>contribution</b>		to make dirty
<b>O</b>	<b>huge</b>		when food or other living material breaks down into the smallest parts
<b>P</b>	<b>in season</b>		to put something under the ground
<b>Q</b>	<b>decompose</b>		a written list that shows how much you have to pay for something
<b>R</b>	<b>support</b>		something that is grown naturally, without chemicals
<b>S</b>	<b>organic</b>		to try to make someone do something that you think is right

4. Crossword



EclipseCrossword.com

**Across**

- 5. sour liquid that you use for salads
- 6. neighbourhood
- 7. if materials are changed naturally by bacteria; they do not do any damage to the environment
- 10. a place where someone or something is going to
- 12. liquid soap that you use when you take a bath or a shower (2 words)
- 14. amount of something
- 15. one of the world's most important resources

**Down**

- 1. if something is clear or easy to see or understand
- 2. something that is grown naturally, without any chemicals
- 3. the effects that your activity has on the environment and the amount of carbon dioxide that you produce (2 words)
- 4. to try to make someone do something that you think is right
- 8. place where waste is buried under the ground
- 9. modern word for exchanging clothes
- 11. to use something over and over again
- 13. tall cup used for drinking coffee or tea

5. Which of these activities help or are good for our environment? Tick them off!

	Travel by plane because it is a cheap way of getting around.
	Use energy-efficient lighting in your house.
	Buy food that comes from your area.
	Buy large cars that can reduce your carbon footprint.
	Sell or give clothes to other people who might need them.
	Put everything in plastic bags because they are cheap to recycle.
	Put a water saver in your toilet.
	Buy the cheapest food you can get, even if it comes from distant places.
	Put waste and other things you do not need into a landfill
	Share your car with other people to get to places.

6. True or False

	T	F
In the U.K. more and more people are swapping clothes instead of buying new ones.		
Your carbon footprint should be as big as possible.		
A holiday not far away contributes to saving our environment.		
Take a bath instead of a shower. It saves water.		
Putting waste in landfill sites is friendly to the environment and does not pollute our air.		
You should buy products with only little packaging.		
Plastic bags are made from biodegradable materials.		



## Key

## 8. Match the words with the definitions

<b>A</b>	swap	<b>C</b>	every year
<b>B</b>	flush	<b>O</b>	very big
<b>C</b>	annually	<b>G</b>	a tall cup used for drinking coffee or tea
<b>D</b>	pollute	<b>I</b>	place where waste is buried under the ground
<b>E</b>	cistern	<b>A</b>	to give something to someone and get something else in return
<b>F</b>	waste	<b>R</b>	help
<b>G</b>	mug	<b>L</b>	a place that's someone or something is going to
<b>H</b>	bury	<b>K</b>	the world around us
<b>I</b>	landfill	<b>B</b>	cleaning a toilet by letting water pass through it
<b>J</b>	persuade	<b>N</b>	something that you give or do that makes something else successful
<b>K</b>	environment	<b>F</b>	to spend in a way that is not necessary
<b>L</b>	destination	<b>E</b>	a container with water in it which is in every building
<b>M</b>	bill	<b>P</b>	cheap and easy to get because it is the time of the year when something grows
<b>N</b>	contribution	<b>D</b>	to make dirty
<b>O</b>	huge	<b>Q</b>	when food or other living material breaks down into the smallest parts
<b>P</b>	in season	<b>H</b>	to put something under the ground
<b>Q</b>	decompose	<b>M</b>	a written list that shows how much you have to pay for something
<b>R</b>	support	<b>S</b>	something that is grown naturally , without chemicals
<b>S</b>	organic	<b>J</b>	to try to make someone do something that you think is right

Crossword



*Which of these activities help or are good for our environment?*

	Travel by plane because it is a cheap way of getting around
✓	Use energy-efficient lighting in your house.
✓	Buy food that comes from your area.
	Buy large cars that can reduce your carbon footprint
✓	Sell or give clothes to other people who might need them.
	Put everything in plastic bags because they are cheap to recycle
✓	Put a water saver in your toilet
	Buy the cheapest food you can get, even if it comes from distant places
	Put waste and other things you do not need into a landfill
✓	Share your car with other people to get to places.

*True or False*

	T	F
In the U.K. more and more people are swapping clothes instead of buying new ones.	✓	
Your carbon footprint should be as big as possible.		✓
A holiday not far away contributes to saving our environment.	✓	
Take a bath instead of a shower. It saves water.		✓
Putting waste in landfill sites is friendly to the environment and does not pollute our air.		✓
You should buy products with only little packaging.	✓	
Plastic bags are made from biodegradable materials.		✓