



The Human Heart

CHOOSE THE CORRECT ANSWER !

1. **Blood vessels that carry blood to your body are called**
 - a. veins
 - b. arteries
 - c. ventricles
 - d. chambers
2. **Blood gives us**
 - a. oxygen
 - b. exercise
 - c. chest pain
 - d. air
3. **Our heart is a muscle that always needs**
 - a. running
 - b. cells
 - c. exercise
 - d. food
4. **The septum is**
 - a. a chamber in your heart
 - b. a beat of the heart
 - c. a muscle in the middle of your heart
 - d. a passageway in your body
5. **Veins bring blood into the**
 - a. lungs
 - b. heart
 - c. muscles
 - d. skin
6. **When people grow old their heart rate**
 - a. stops
 - b. gets faster
 - c. gets slower
 - d. stays the same
7. **The greatest danger for your heart is a**
 - a. damaged muscle
 - b. broken chamber
 - c. heart attack
 - d. chest pain
8. **Which of these habits is bad for your heart**
 - a. exercise
 - b. smoking
 - c. careful eating
 - d. drinking water
9. **Your heart beats fastest when you**
 - a. talk
 - b. stand
 - c. sleep
 - d. run around a lot
10. **What jobs do the atria have ?**
 - a. They pump the blood into your body
 - b. They bring the blood back to the heart
 - c. They fill up with blood
 - d. They warn you when a heart attack is coming.
11. **The heart has about the size of**
 - a. an elbow
 - b. a head
 - c. a fist
 - d. a hand
12. **Ventricles**
 - a. pump blood into your body
 - b. pump blood into the lungs
 - c. pump blood into other heart chambers
 - d. put oxygen into your blood



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COMPLETE THE FOLLOWING SENTENCES !

1. If you eat too much fat and don't exercise enough you might get a _____
2. The small paths that carry blood through your body are called _____
3. The human heart is made up of 4 _____. The upper two are called the _____ and the lower two are the _____.
4. The blood of our body needs _____ which it sends to the cells.
5. The human heart is about the size of a _____.
6. The paths that carry blood to the cells are called _____.
7. You can see your heart work by feeling your _____.
8. _____ is a warning sign of a possible heart attack.
9. _____ is bad for your heart.

ANSWER THE FOLLOWING QUESTIONS IN YOUR OWN WORDS !

What are the atria's job ? _____

What happens when the heart contracts ? _____

How does the heart know in which direction it has to pump blood ? _____

How long does it take to pump blood to every cell of your body ? _____

What happens when the heart muscle relaxes ? _____

How many times a minute does the heart of an adult normally beat ? _____

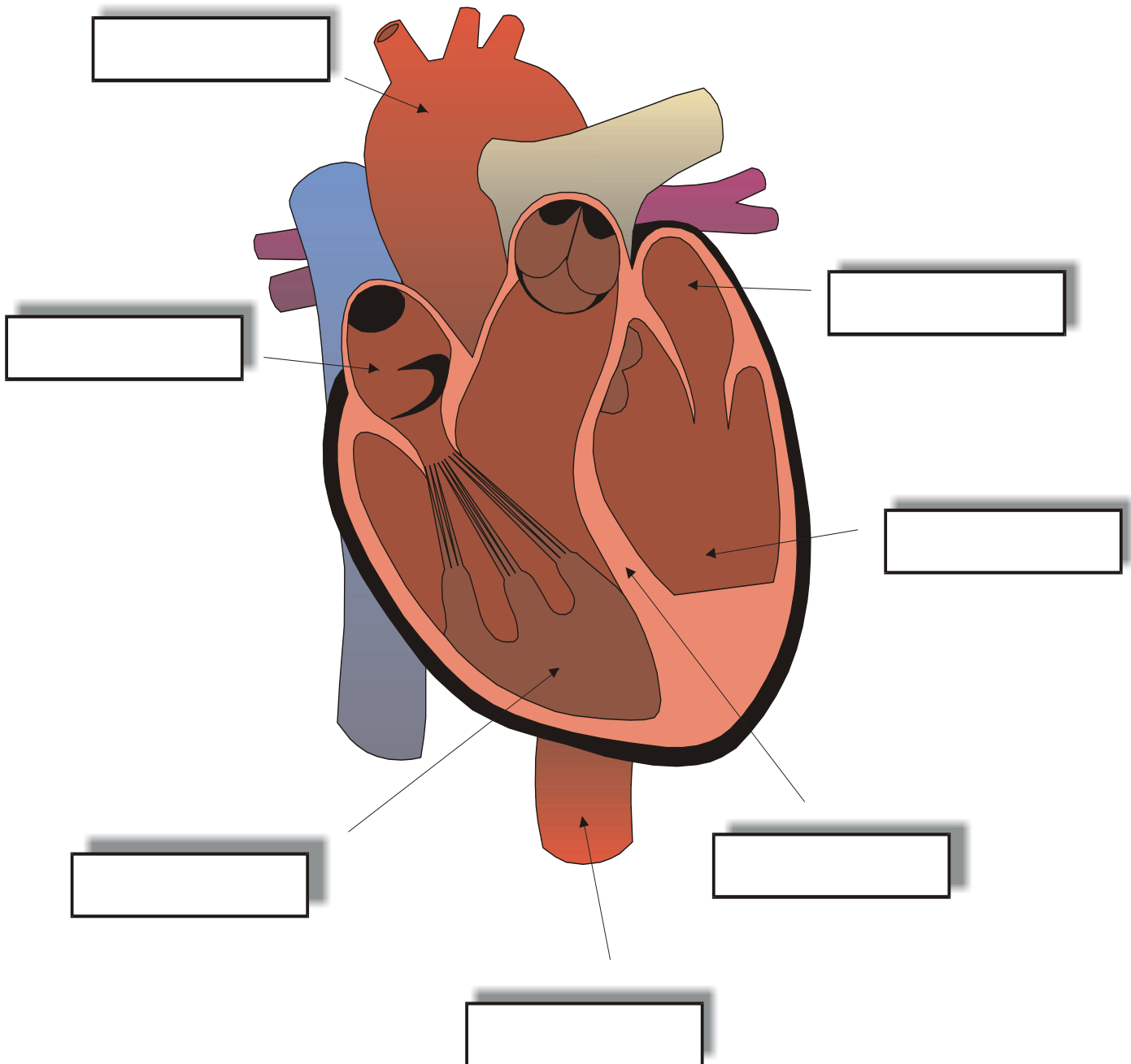
What should you do to keep your heart healthy ?

- a. _____
- b. _____
- c. _____



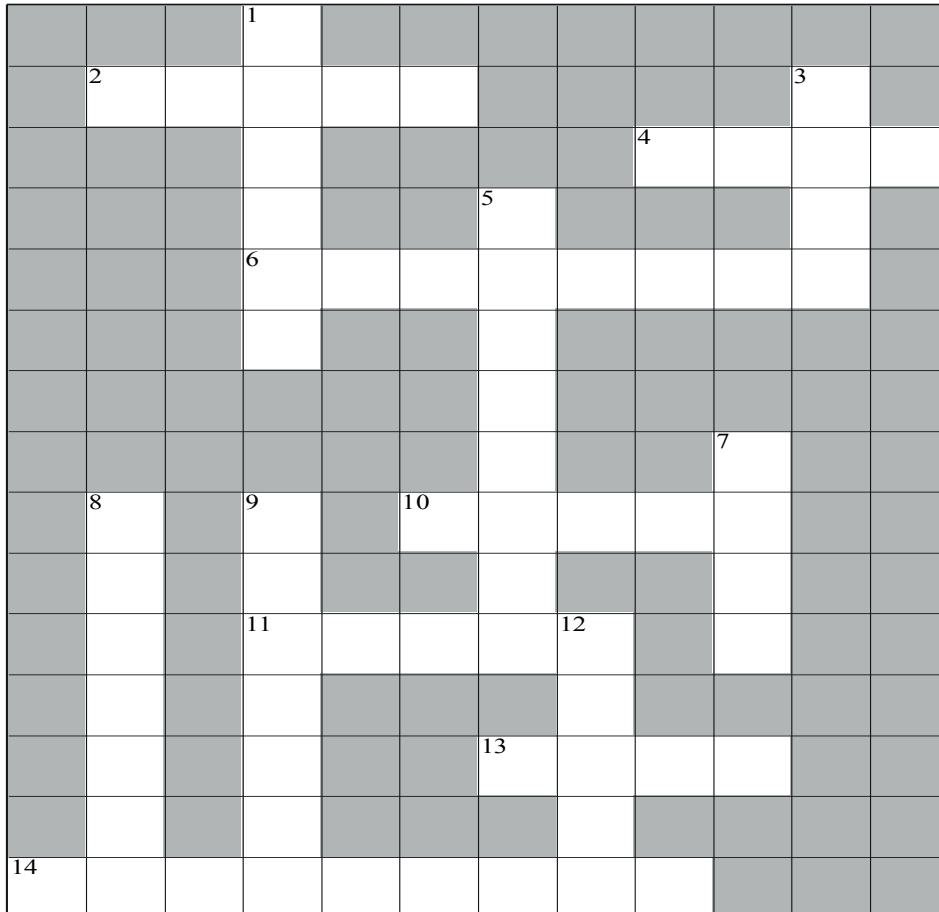
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PUT THE NAMES OF THE PARTS OF THE HEART INTO THE BOXES





The Human Heart



Across	Down
2. Brust	1. muscle that separates the parts of a heart
4. a very small part of something living	3. verstopfen
6. if something is going to happen soon	5. to become smaller
10. Ventil	7. path that brings blood from the body back to the heart
11. the biggest artery	8. to stay alive
13. place where blood gets its oxygen	9. one of the four parts of the heart
14. the number of times your heart beats in a minute	12. a grown up person



The Human Heart

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	² C	H	E	S	T					³ C		
			P					⁴ C	E	L	L	
			T			⁵ C					O	
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			M			N						
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						R				⁷ V		
	⁸ S		⁹ C		¹⁰ V	A	L	V	E			
	U		H			C				I		
	R		¹¹ A	O	R	T	¹² A			N		
	V		M				D					
	I		B			¹³ L	U	N	G			
	V		E				L					
¹⁴ H	E	A	R	T	R	A	T	E				



The Human Heart

A rectangular box containing various syllables: mus, um, cir, cles, la, sep, cu, tum, tion, cise, ven, ex, o, a, cle, tri, gen, er, tri, ty.

Create 7 words from the syllables in the box . All of them have something to do with the heart .
